

**Day 1 Meet & transfer to Monteverde area**

This tour can start simultaneously from the San Jose (SJO) and (LIR) airport. Average 3 hrs drive to get to the Tilaran Mountain Range from either airport.

**Included features:**

- \*Meals: **D**
- \*Overnight Monteverde Mountain Hotel or similar

**Day 2 Cloud Forest species**

**Location:** <https://goo.gl/maps/AUupjsqvCX82>

We visit a private reserve, a few minutes away from the hotel, with nice trails where the Resplendent Quetzal and the Three-wattled Bellbird hang out many days of the year. After lunch we will visit the famous Monteverde Cloud Forest Reserve.

**Included features:**

- \*Monteverde Cloud Forest Reserve fee
- \*Curicancha Reserve fee
- \*Meals: **B-L-D**
- \*Overnight Monteverde Mountain Hotel or similar

**Day 3 More cloud forest and heading to Arenal**

One more chance to discover more from the cloud forest during the morning, after lunch we will be on our way down to the amazing lake views.

**Included features:**

- \*Santa Elena Reserve fee
- \*Meals: **B-L-D**
- \*Overnight Arenal Observatory Lodge or similar

**Day 4 Gardens & trails of Arenal Observatory Lodge**

**Location:** <https://goo.gl/maps/5NXoACwbvH82>

We start our trip in surrounded by the exuberant rain forest. We will walk the open areas with Starchytarpheta (open gardens) and trails to look for hummingbirds, tanagers and flycatchers.

**Included features:**

- \*Meals: **B-L-D**
- \*Overnight Arenal Observatory Lodge or similar



### Day 5 Península Road & La Fortuna

Before breakfast we will drive (few minutes) to a great roadside spot near the Arenal Volcano National Park. After breakfast we take the hanging bridges walk to find the elusive species hidden in the canopy of the forest. After lunch we drive around the region trying to add more species to our list.

#### Included features:

- \*Entrance fee to hanging bridges
- \*Meals: **B-L-D**
- \*Overnight Arenal Observatory Lodge or similar



### Day 6 Wetlands species

**Location:** <https://goo.gl/maps/njsCTQKCnX12>

After a morning of birds & breakfast we find our way towards the northern region of Sarapiquí, on the way we stop for a boat tour in a very productive wetland.

#### Included features:

- \*Meals: **B-L-D**
- \* Boat ride Caño Negro Wetlands
- \*Overnight Tirimbina Lodge or similar

### Day 7 Northern Region Lowlands

**Location:** <https://goo.gl/maps/SsZEWN44DRM2>

Before breakfast we can explore gardens and open areas. We will spend the rest of the day walking the trails through the mature forest of the reserve.

#### Included features:

- \*Meals: **B-L-D**
- \* Tirimbina reserve fee or similar
- \*Overnight Tirimbina Lodge or similar



### Day 8 Northern Region Lowlands

After an early breakfast we drive to get to the famous "entrance road" to the OTS near La Selva.

Afterwards the nearby open areas and secondary roads will keep us busy for the rest of the day.

#### Included features:

- \*Meals: **B-L-D**
- \*Overnight Tirimbina Lodge or similar

### Day 9 Crossing the Central Mountain Range

**Location:** <https://goo.gl/maps/3bZveT455Y32>

We have an early check out and... on the road again... this time towards the Braulio Carrillo National Park (Quebrada Gonzalez) for a couple of

hours of intense birding. Awesome views of the Central Cordillera. By the end of the day the basic and secluded Copal Lodge will give us shelter and food.

**Included features:**

- \*Meals: **B-L-D**
- \*Braulio Carrillo National Park fee
- \*Overnight at El Copal Lodge or similar

**Day 10 All day around El Copal**

**Location:** <https://goo.gl/maps/JmsnFwkKzUT2>

Probably the best mixed feeding flocks we can ever find! From the gardens or inside of the trails we can appreciate the vast diversity of this place. We have one whole day to explore this community managed reserve.

**Included features:**

- \*Meals: **B-L-D**
- \* Overnight at El Copal Lodge or similar



**Day 11 Journey through Orosi towards Cerro de la Muerte**

**Location:** <https://goo.gl/maps/AUBUnZX9udm>

After a good breakfast & birding we are on our way to the highest mountains of the country, but we have to cross a valley full of very special species, our journey will be both scenic and productive. A good cup of coffee will help us deal with the chill temperatures at the end of the day.

**Included features:**

- \*Meals: **B-L-D**
- \*Overnight Savegre Mountain Lodge or similar

**Day 12 Highlands of Talamanca Mountain Range**

**Location:** <https://goo.gl/maps/WZ17eeeb6482>

There is a nice reserve on the property with nice trails and a lot of roadside where the Resplendent Quetzal hangs out many days of the year.

**Included features:**

- \*Meals: **B-L-D**
- \*Overnight Savegre Mountain Lodge or similar



**Day 13 Highlands & glimpse of Páramo**

**Location:** <https://goo.gl/maps/8hrC1Lh64M42>

After breakfast, we drive to our site for the morning: Quetzal's Paradise. This is the place to pursue the Wrenthrush and several hummingbirds as well as highland endemics. The rest of the day to stop along the way will be heading south to the warm & humid lowlands of the south pacific.

**Included features:**

- \*Meals: **B-L-D**
- \*Quetzal's Paradise fee
- \*Overnight Esquinas Rain Forest Lodge or similar

**Day 14 South Pacific species**

**Location:** <https://goo.gl/maps/pfsNCZM9QZu>

We spend all morning to explore trails & open areas of the reserve as well as the nearby roads. After lunch let's take a trip to the slopes near San Vito and the vicinity of Ciudad Neily. This region is home to some species with limited distribution.

**Included features:**

- \*Meals: **-B-L-D**
- \*Lodge trails fee
- \*Overnight Esquinas Rain Forest Lodge or similar

**Day 15 Last walk before heading north along the coast**

There is still a chance to get several good species before and after breakfast. A journey ahead combined with stops as we explore the coast from south to north.

**Included features:**

- \*Meals: **B-L-D**
- \*Overnight at Cerro Lodge or similar

**Day 16 Central Pacific**

**Location:** <https://goo.gl/maps/spELomENrMH2>

All day we look for the central pacific specialties. The trails of Carara National Park will provide numerous birds that will round our list.

**Included features:**

- \*Meals: **B-L-D**
- \*Carara National Park fee
- \*Overnight at Cerro Lodge or similar

**Day 17 Day tour to North Pacific spot**

Since early hours we will travel 2 hours north to look for the north pacific specialties. We will spend most of the day around Ensenada Lodge trails and a boat tour thru the mangroves of the Gulf of Nicoya.



**Included features:**

\*Meals: **B-L-D**

\*Mangrove boat tour at Ensenada Lodge

\*Ensenada trails fee

\*Overnight at Cerro Lodge or similar

**Day 18** *Last morning before leaving paradise*

Before & after breakfast to explore the hotel grounds and then you will be transferred to depart from either Liberia (LIR) or San Jose (SJO) airport.

**Included features:**

\*Meals: **B**